

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30AM Reformer Yelena
	10AM Matwork Pilates Yelena				9:30AM Reformer Yelena
	10:30AM R&R Shae		10:30AM R&R Shae		
	11AM Reformer Yelena				
12:15PM Physio Group Exercise Class Andrew		12:15PM Physio Group Exercise Class Andrew		12:15PM Physio Group Exercise Class Andrew	
	12:30PM S&C Shae			12:30PM S&C Shae	
4:30PM R&R Alysha			4:30PM Reformer Yelena		
5:30PM Reformer Yelena	5:30PM Reformer Yelena	5:30PM Reformer Kate	5:30PM Reformer Yelena		
5:30PM S&C Alysha	5:30PM R&R Alysha	5:30PM S&C Alysha			
	6:30PM Reformer Yelena	6:30PM Reformer Kate	6:30PM Reformer Yelena		
	6:30PM S&C Shae		6:30PM S&C Shae		