

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:30AM Reformer Yelena
	10AM Matwork Pilates Yelena				9:30AM Reformer Yelena
	10:30AM R&R Shae		10:30AM R&R Shae	10:30AM R&R Shae	
	11AM Reformer Yelena				
12:10PM Physio Group Exercise Class Andrew		12:10PM Physio Group Exercise Class Andrew		12:10PM Physio Group Exercise Class Andrew	
	12:30PM S&C Shae			12:30PM S&C Shae	
			4:30PM Reformer Yelena		
5:30PM Reformer Yelena	5:30PM Reformer Yelena		5:30PM Reformer Yelena		
5:30PM S&C Charlotte	5:30PM R&R Shae	5:30PM S&C Greg			
	6:30PM Reformer Yelena		6:30PM Reformer Yelena		
	6:30PM S&C Shae		6:30PM S&C Shae		